

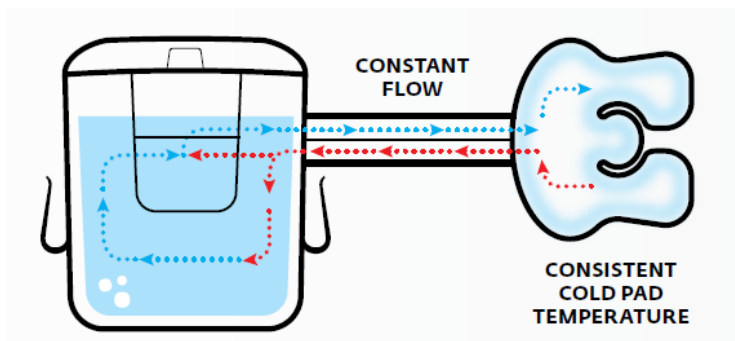


DonJoy IceMan Patient Information

Ice therapy aims to temporarily reduce swelling and pain after your surgery, increase knee range of movement and reduce analgesia use.

The machine works by cooled water circulating through a cold pad applied to the surgical area. The water is cooled by ice and will last 8 hours. The ice therapy may be used and run continuously for 6-8 hours. The water and ice needs to be changed every 8 hours, if you do not have enough ice to fill the machine you may need to use some small ice bricks to cool the water.

Ice burning can happen, you **MUST** always use a barrier between the compression wrap and your skin to prevent this from occurring and check your skin regularly for any redness.



How to fill the machine with ice and water:

Fill the machine with ice and or small ice bricks to the fill line

1. Add cold water to the fill line
2. Gently place the lid on the machine
3. Plug the machine into the power
4. Place a barrier over your surgical site (pillow case or clothing)
5. Apply the cold pad over the protective barrier
6. Turn the machine on



How to empty the machine:

1. Unplug machine from the power
2. Empty ice and water into the sink
3. Do not place electrical cord in the wet ice bucket – ensure ice bucket is clean and dry

Trouble Shooting from DonJoy IceMan:

- Pump will not turn on
 - Check all electrical connections and make sure the wall plug has power
- Cold pad will not cool down/Cold pad pressure is low
 - Make sure trapped air is out of cold pad once power is applied
 - Make sure cooler is filled with ice and water
 - Check all hose connections and make sure cold pad is wrapped properly to allow water to flow
- No water flow
 - Check water level, add water if necessary
 - Check and clean filter cap located under pump assembly
 - Cold pad and hose are wrapped too tightly, or the hose is kinked
 - Unwrap and rewrap the cold pad with cold therapy unit running, making sure water is circulating freely throughout the cold pad and the hose is not kinked
 - Make sure connection between the cold therapy unit hose and cold pad hose is properly connected
- Water leak at connector
 - Connector between cold therapy unit hose and cold pad hose is not properly connected. Stop machine, disconnect hose, and reconnect hose listening for a “snap” or “click”, and restart the unit
 - Check barrier to ensure it is dry. Replace with dry barrier, if it is wet
 - Check O-rings



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